

**Courtland School**  
Everybody Can Be Somebody

## **Asthma Policy**

### **RATIONALE/AIMS**

In line with our mission statement: 'Everybody Can Be Somebody' we:

- recognise that Asthma is an important condition affecting many children in the school
- encourage and help children with Asthma to participate fully in all aspects of school life
- do all we can to ensure that the school environment is favourable to children with Asthma
- work in partnership with parents, school governors, health professionals, staff and the children themselves in order to ensure the successful implementation of this policy.

### **PROCEDURES**

- The school keeps an inhaler register, both for regular users of inhalers and occasional users in the medical room.
- Parents are required to complete an individual Care plan, with the Welfare Officer, authorising the administration of prescription medication (See section in Health and Safety Policy)
- A letter requesting parents to provide up-dated information is sent out at least once a year.
- Parents of children new to the school are asked to provide details of previous Asthma problems, however minor, in order that the school can be fully prepared for any future Asthma attack that may occur.
- The Welfare Officer keeps parents of asthmatic children informed of their inhaler use when necessary.
- All staff are made aware of the asthmatic children in their class. Staff are continually up-dated with any changes.
- Asthma inhalers are never locked away. They are clearly labelled with the child's name and stored in the class asthma bag. Class asthma bags, labelled (by class) are kept in the Welfare room. They are easily accessible to the users themselves whatever the time of day. Clear instructions on what to do in case of an attack are inside.
- Class bags must accompany the relevant class for any off-site activities e.g. outings, swimming. This includes activities on the school field. These are always kept with a group leader.
- While it is the parents' responsibility to ensure that their children's inhalers have not exceeded their 'use by' date, these are monitored and reminders are sent out to parents.
- Guidance for all staff on what to do in the event of an attack is prominently displayed in the Hall, Office, Welfare room, ICT Room, Staffroom and each classroom.

- Children in Year 5 & 6 are given more responsibility. They keep their own inhaler on them and take as required. A spare inhaler is kept in the Welfare Room when a Parent provides one. Children are told to let the Welfare Officer know if they have taken their inhaler. In addition to this an emergency inhaler pack which includes a spacer is kept in the welfare room. Permission to use this is given as part of the Care Plan.
- After school clubs will be supplied with an asthma list and asked to follow the school procedures.
- At the beginning of each year the Welfare Officer checks the After School Clubs registers and reminds the external providers to follow the School Asthma Policy.

Children with asthma are encouraged to participate in all activities. Teachers will remind pupils whose asthma is triggered by exercise to take their reliever inhaler before participating. Asthma is not seen as a barrier to exercise. If a pupil needs to use their inhaler during a lesson they will be directed to do so.

Please refer to:

***Guidance on the use of Emergency Salbutamol inhalers in schools***

All first Aiders are required to read the guidance in conjunction with the policy as part of their responsibilities. What to do in the event of an Asthma Attack and common day to day symptoms of asthma are covered in this document.

**Asthma Policy**

Reviewed:	October '97	(M. Gate and J. Cartey)
	April '02	(A, McClimont and J. Cartey)
	March 04	(A McClimont and M Brown)
	January 2005	(A McClimont and M Brown)
	October 2006	(L Walker and M Brown)
	October 2007	(L Walker and M Brown)
	October 2008	(L Walker and M Brown)
	October 2009	(L Walker and M Brown)
	October 2011	(L Walker and M Brown)
	October 2013	(L Walker and M Brown)
	October 2015	(L Walker and M Brown)
	October 2017	(L Walker and M Brown)
Next review:	October 2019	