

XPLORE

MOVE MORE, EAT WELL AND FEEL GOOD.

FREE
PROGRAMME FOR
CHILDREN AGED 7-13 YEARS



XPLORE is a free programme for children, young people and their families to become fitter, healthier and more active.

Sign up today: xplore.barnet@gll.org
or **020 8457 9907**

In partnership with



LW20/02/P/0918/01

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398